

# Past Health History

Name \_\_\_\_\_

Date \_\_\_\_\_

Please mark what applies, each symptom, or condition that you have had: (Prior to this Injury)

**General Symptoms**

Dizziness  
 Fainting  
 Headache  
 Nervous  
 Numbness  
 No sleep  
 Depression  
 Neuralgia  
 Other \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Respiratory Symptoms**

Asthma  
 Chronic Cough  
 Difficulty Breathing  
 Spitting Blood/  
 Phlegm  
 Other \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Gastro-Intestinal**

Gas  
 Diarrhea  
 Constipation  
 Liver/  
 Gallbladder  
 Nausea  
 Vomiting  
 Colitis  
 Other \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Male/Female**

Breast Lumps  
 Painful Urination  
 Miscarriage  
 Prostate  
 Sexual Dys.  
 Other \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Exercise**

None  
 Light  
 Moderate  
 Active  
 Very Active

**Cardio-Vascular**

High Blood Pressure  
 Low Blood Pressure  
 Pain over Heart  
 Rapid/Slow Heart  
 Heart Attack  
 Stroke  
 Poor Circulation  
 Swelling Ankles  
 Other \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Musculo-skeletal (prior to injury)**

Neck Pain  
 Mid Back Pain  
 Low Back Pain  
 Shoulder Pain  
 Elbow Pain  
 Wrist/Hand Pain  
 Hip Pain  
 Knee Pain  
 Ankle/Foot Pain  
 \_\_\_\_\_  
 \_\_\_\_\_  
 Other \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Skin**

Eczema  
 Hives  
 Itching  
 Rash  
 Dermatitis  
 Other \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Family History**

Diabetes  
 Cancer  
 Stroke  
 Heart Disease  
 Kidney  
 Other \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Habits**

Smoking  
 Drinking Caffeine  
 Other \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**EENT**

Eyes  
 Ears  
 Nose  
 Throat  
 Allergies  
 Other \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Diseases**

Diabetes  
 Cancer  
 Anemia  
 Heart  
 Arthritis

**Notes**

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**\*All starred notations indicate that a recommendation to a PCP/MD has been made.**

Reviewed by: Dr. \_\_\_\_\_

Signature: \_\_\_\_\_